

# PHYSICAL THERAPIST ASSISTANT (A.S.)

**Previous Degree Required:** HS Diploma

**Eligible for Financial Aid:** Yes

**Delivery Method(s):** On-Campus

**Location(s):** Melbourne

**Limited Access:** Yes

**Program Testing Requirements:** Assessment in Reading, Writing, and Math

**Academic Community:** HSCI

**Program Code:** PTAS

**Classification of Instructional Programs (CIP) Code:** 51.0806

**Florida Department of Education CIP Code:** 1351080601

- **Leads to State or Organizational License or Certification:** Physical Therapist Assistant
- **Cost Associated with taking the exam:** \$650
- **Where to take the exam:** Schedule time and location through [Prometric](#)

This program prepares the qualified student for employment as a Physical Therapist Assistant.

Graduation from a physical therapist assistant education program accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), is necessary for eligibility to sit for the licensure examination, which is required in all states. Admission to the Physical Therapist Assistant program is limited.

**Program-Specific Admissions Information:** This is a limited-access program; student must submit a separate application to the program.

Refer to the [Associate in Science \(A.S.\)](#) page to find information about admission, graduation, general education and other requirements. Students will work with an advisor to determine the courses best suited to their plan of study.

Visit the [program page](#) for more information or call (321) 433-7575.

The Physical Therapist Assistant program at Eastern Florida State College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE):

1111 North Fairfax Street  
Alexandria, Virginia 22314

telephone: 703-706-3245  
[email](#) or visit [website](#)

To contact the program/institution directly, please call 321-433-7115 or [email](#).

## Program of Study

Code	Title	Credit Hours
<b>General Education Courses</b>		
BSCC 1010	General Biology 1	4
ENC 1101	Composition 1	3
<a href="#">Humanities Core Requirement</a>		
<a href="#">Mathematics Core Requirement</a>		

[Social/Behavioral Science/Core-Civic Literacy Requirement](#) 3

### Major Courses

PHT 1121	Functional Anatomy and Kinesiology	4
PHT 1200	Introduction to Physical Therapy	2
PHT 1213	Therapeutic Exercise	2
PHT 1300	Pathology for the Physical Therapist Assistant	3
PHT 2140	Rehabilitation Procedures	3
PHT 2211	Therapeutic Modalities	2
PHT 2252	Orthopedic Disabilities and Treatment	4
PHT 2804	Physical Therapist Assistant Clinical Practicum 1	2
PHT 2810	Physical Therapist Assistant Clinical Practicum 2	2
PHT 2820	Physical Therapist Assistant Clinical Practicum 3	2
PHT 2931	Physical Therapist Assistant Seminar	2
PHTC 2162	Neurologic Disabilities and Treatment	3
PHTL 1121	Functional Anatomy and Kinesiology Laboratory	2
PHTL 1200	Introduction to Physical Therapy Laboratory	2
PHTL 1213	Therapeutic Exercise Laboratory	3
PHTL 2140	Rehabilitation Procedures Laboratory	1
PHTL 2211	Therapeutic Modalities Laboratory	3

### Support Courses

BSCC 2093	Human Anatomy and Physiology 1	4
BSCC 2094	Human Anatomy and Physiology 2	4
HSC 1531	Medical Terminology	2
HSCC 1000	Introduction to Healthcare	3
PSY 2012	General Psychology 1	3

**Total Hours:** 74

**Note:** In accordance with Florida Statute and Florida Administrative Code, students must satisfy the [Civic Literacy Graduation Requirement](#).

*A grade of "C" or higher is necessary in each major course for progression and graduation.*

## Course Sequence

Below is the recommended sequence for taking courses in this degree. Using this guide and meeting with your assigned advisor each term is the key to successful program completion.

Please note that course prerequisites, including required developmental math, reading, or writing, need to be completed to continue on to the more advanced course. Click on the course number to see the requirements.

Code	Title	Credit Hours
BSCC 1010	General Biology 1	4
ENC 1101	Composition 1	3
HSCC 1000	Introduction to Healthcare	3
HSC 1531	Medical Terminology	2
BSCC 2093	Human Anatomy and Physiology 1	4
PHT 1121	Functional Anatomy and Kinesiology <sup>Fa1</sup>	4
PHTL 1121	Functional Anatomy and Kinesiology Laboratory <sup>Fa1</sup>	2
PHT 1200	Introduction to Physical Therapy <sup>Fa1</sup>	2
PHTL 1200	Introduction to Physical Therapy Laboratory <sup>Fa1</sup>	2

BSCC 2094	Human Anatomy and Physiology 2	4
PHT 1300	Pathology for the Physical Therapist Assistant <sup>Sp1</sup>	3
PHT 2211	Therapeutic Modalities <sup>Sp1</sup>	2
PHTL 2211	Therapeutic Modalities Laboratory <sup>Sp1</sup>	3
PHT 2252	Orthopedic Disabilities and Treatment <sup>Sp1</sup>	4
<u>Mathematics Core Requirement</u>		
PHT 1213	Therapeutic Exercise <sup>Su</sup>	2
PHTL 1213	Therapeutic Exercise Laboratory <sup>Su</sup>	3
PHTC 2162	Neurologic Disabilities and Treatment <sup>Su</sup>	3
<u>Social/Behavioral Science/Core-Civic Literacy Requirement</u>		
PHT 2140	Rehabilitation Procedures <sup>1, Fa2</sup>	3
PHTL 2140	Rehabilitation Procedures Laboratory <sup>Fa2</sup>	1
PHT 2804	Physical Therapist Assistant Clinical Practicum 1 <sup>1, Fa2</sup>	2
PSY 2012	General Psychology 1	3
<u>Humanities Core Requirement</u>		
PHT 2810	Physical Therapist Assistant Clinical Practicum 2 <sup>1, Sp2</sup>	2
PHT 2820	Physical Therapist Assistant Clinical Practicum 3 <sup>1, Sp2</sup>	2
PHT 2931	Physical Therapist Assistant Seminar <sup>Sp2</sup>	2
<b>Total Hours:</b>		<b>74</b>

- *Core Ability Supported: Communicate Effectively*
- 13. Demonstrate exercise interventions for improving dysfunction in the spine
  - *Core Ability Supported: Communicate Effectively*
- 14. Use appropriate channels of communication
  - *Core Ability Supported: Communicate Effectively*
- 15. Practice basic home assessments
  - *Core Ability Supported: Think Critically and Solve Problems*

<sup>1</sup> Courses are offered in an 8 week format.  
 Fa Course offered first fall term of program  
 Sp Course offered first spring term of program  
 Su Course offered summer term  
 Fa2 Course offered second fall term of program  
 Sp2 Course offered second spring term of program

1. Perform documentation techniques
  - *Core Ability Supported: Think Critically and Solve Problems*
2. Demonstrate procedures for safe transport and transfers of patients
  - *Core Ability Supported: Communicate Effectively*
3. Identify soft tissue structures around the shoulder girdle and joint
  - *Core Ability Supported: Think Critically and Solve Problems*
4. Demonstrate manual muscle testing of various muscles throughout the lower extremity
  - *Core Ability Supported: Communicate Effectively*
5. Demonstrate manual muscle testing of various muscles throughout the lower extremity
  - *Core Ability Supported: Process Information*
6. Investigate resistance exercise for impaired muscle performance
  - *Core Ability Supported: Think Critically and Solve Problems*
7. Explain positioning and handling for improving motor function
  - *Core Ability Supported: Think Critically and Solve Problems*
8. Demonstrate professional behavior while in clinical setting
  - *Core Ability Supported: Work Cooperatively*
9. Demonstrate professional behavior while in clinical setting
  - *Core Ability Supported: Model Ethical and Civic Responsibility*
10. Explain the PTA's role in treating patients in the intensive care unit (ICU)
  - *Core Ability Supported: Think Critically and Solve Problems*
11. Assess tissue response to injury
  - *Core Ability Supported: Think Critically and Solve Problems*
12. Perform massage as physical therapy intervention